



## Mary Jo Harlow

March 1, 1938 - July 13, 2013

Mary Joleen Miller Harlow was born on March 1, 1938 in Wahoo, Nebraska to LeRoy and Grace (Adsit) Miller. She grew up in Yutan and Waterloo, graduating from Waterloo High School in 1955. As a young girl, Mary Jo enjoyed 4-H and Volleyball and she was a cheerleader. Being a tom-boy, she spent a great deal of time helping her father on the farm and with her uncles, Joe and Jim.

Mary Jo married Kenneth Harlow on November 22, 1956 at St. John's Lutheran Church in Yutan, Nebraska and they were blessed with five children: Mike, Randy, Vicki, Pat and Sheryl. Mary Jo has always made her home in Waterloo.

Mary Jo always worked hard, early on she de-tasseled then when the children came she was a full time Mom. After raising her family, Mary Jo returned to work at Mutual of Omaha, Douglas County Annex, Douglas County Gazette and she was a photographer for All-American. Then she was a substitute rural mail carrier before taking over the route full time before retiring from the US Postal Service. Mary Jo had a great love of the outdoors. She enjoyed all that nature provided. She enjoyed reading, painting and collecting. In her later years, Mary Jo took up Power Lifting and was a National Champion in her age group. She was a compassionate, giving woman who was involved in her community. But through all of this, her passion was for her family. She

treasured times when the whole family could gather for holidays.

Mary Jo passed away on Saturday, July 13, 2013 at the Lakeside Hospital in Omaha, Nebraska at the age of 75 years, 4 months and 12 days. She was preceded in death by her parents LeRoy and Grace, son Pat, grandchildren: Olivia Harlow, Christopher Wollen and Douglas Swift. Mary Jo is survived by her sons and daughter-in-law Mike of Valley and Randy and Alicia of Waterloo; her daughters and son-in-law Vicki and Jack Wollen of Yutan, NE and Sheryl Swift of Waterloo; and daughter-in-law Penni (Ron) Chappelle of Waterloo; 12 Grandchildren and 11 great grandchildren; and sisters: Kathy (Jim) Wollmer of Mauston, Wisconsin and Margie (Mike) McGinness of Gretna, Nebraska.

# Tribute Wall



“ *Mary Jo Harlow*

December 10, 2022 at 09:12 AM



“ *Dear Harlow Family;*

*While reading the online obituary, I observed the death of your love one.*

*Death is an enemy to mankind and who can understand it? It can and dose have a devastating effect on you and your family as well.*

*Can you imagine reading a newspaper with the headline; "When Death is Swallowed Up Forever....." What a wonderful time that will be. Revelation 21:4 offers this hope, it states: "And he (God) will wipe out every tear from their eyes and death will be no more, neither will morning nor outcry nor pain be anymore. " The former things have passed away." What a comforting hope.*

*If you would be interested in learning even more, I can send you a little tract that is entitle "What Hope for Dead Loved Ones"? If you have any Questions please feel free to contact me at this e-mail address here ([b.molina56@yahoo.com](mailto:b.molina56@yahoo.com)).*

*I offer my sincere condolences, may the God of peace be with you and your family.*

*Sincerely Yours,  
Brandy Molina*

Brandy Molina - July 30, 2013 at 03:01 PM

AN

“ *May Mary Jo Harlow RIP, sometimes words can't even begin to take away the hurt, pain and void but let it be a loyal heart sure with prayers and many Psalms in mourning and in joy let His will be done in Heaven and on Earth. Matthew 6:9,10; Psalms 37:11; 1 Corinthians 15:55.*

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**A Neighbor** - July 22, 2013 at 05:43 PM

CK

“ *Our most heartfelt condolences to the family Our thoughts and prayers are with you at this time. She will be missed.*

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**Chuck and Doris Karloff** - July 16, 2013 at 02:36 PM

CF

“ *to the family of mary jo harlow, our prayers go out to your family. she was a very liked lady in our small town. and will be missed deeply. so many memories choir,waterloo dazes...just seing her drive down the street oh yea her weight lifting goal's..a lady whom will be missed...enjoy your journey to your new small town so you can now be with family and friends whom have gone before you...*

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**cheryl acton and family** - July 16, 2013 at 01:34 AM

RM

“ *Mary Jo was truly a compassionate person! My fondest memories were of all the dedication and love that she had for the Waterloo Youth Choir! She was the ear always willing to listen if you had something troubling you. She also knew the latest info on everybody, how they were doing and where they were. She just had the special personality that meshed with everyone and the sparkliest blue eyes!! I regret that I will not be able to make the services for MJ but I wanted to tell all of her family that I am praying for all of you and I am sending my love! May God send you an extra special peace that surpasses all understanding in these hard times. XOXO*

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**Rachelle Martinez-Sliva** - July 15, 2013 at 08:53 PM

HE

“ *A special lady. What a shock it was many years ago, when I was working at Waterloo School and Mary Jo came in to the office---and I knew her! Our church had been praying through phone books and the name Mary Jo Harlow was on my list, I had no idea that I would ever meet or know Mary Jo. We went to Sunday School together and Margi and I played together while our mothers attended their club meeting. My sympathy to all. God Bless You all Real Good.*

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**Hermine Storm Ellison** - July 15, 2013 at 08:16 AM

DV

“ *Kathy, I am sorry to read of Mary Jo's passing. I have found memories of you and your family. May you find peace in your memories. Dixie 61'*

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**Dixie Duncan Voss** - July 14, 2013 at 05:20 PM

AV

“ *I worked with Mary Jo in the 70's and 80's at Val Haven. She was a wonderful friend and helper. She had so much wisdom. My prayers are with all her family. Ann Vanderhart*

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**Ann Vanderhart** - July 14, 2013 at 01:45 PM